

GOOD
BETTER
BEST

GUIDE

HEART DISEASE & STROKE

POLICY IN PLACE

Yes No

EXPLAIN CURRENT EFFORTS

DESIRED ENVIRONMENT

GOOD

Sign up your organization to become One in a Million Hearts™

BETTER *Above, plus:*

- Increase awareness of heart disease and stroke and their risk factors to empower your employees to take control of their heart health
- Support efforts to reduce sodium and eliminate trans fats in the food served or available at worksites

BEST *Above, plus:*

- Using best practice language, HR or other responsible person enacts smoke-free air policies and provide blood pressure monitoring in the workplace

DATE POLICY POSTED

