

In addition to the health benefits provided by choosing to ride your bicycle, it also allows you the opportunity to see God's creation at a slower pace. It can be an outreach to bicyclists in your community, and it reduces the environmental impact on God's creation.

"Or do you not know that your body is a temple of the Holy Spirit within you, whom you have from God? You are not your own, for you were bought with a price. So glorify God in your body."

I CORINTHIANS 6:19-20

DESIRED ENVIRONMENT

GOOD

- Offer members a place to store their bicycle (bike rack, office or other designated area)
- Make bicycle safety video available to members (found at: <http://www.youtube.com/user/MovementInitiative>)

BETTER *Above, plus:*

- Offer flexible work hours for church employees who choose to commute by bicycle
- Participate in annual bike to church Sunday

BEST *Above, plus:*

- Become a designated bicycle friendly workplace to encourage church employees to bike to work
- Create commuter shower facilities